Special Dietary Needs for Camp Sealth Events

Sealth serves home-style, balanced, nutritious meals that please the average person; vegetarian and vegan options are always available; fresh fruit is always available in lieu of desserts with sugar.

Sealth will accommodate allergies, medical conditions with diet restrictions, vegetarians, and vegans at no extra cost. Other personal choices, weight loss diets, etc. are <u>not</u> diets we work around with our basic pricing.

<u>With this in mind, please help us be ready with great meals for your group:</u>

1. Ask your participants IN ADVANCE about allergies and food intolerances (not preferences)
2. Encourage participants to bring their own food for their desires and needs beyond what we provide.
3. Sign and return this form to Camp Sealth no later than TWO WEEKS before your event.
4. Feel free to call our Food Service Manager if you have any questions about this or if you'd like to discuss the cost and feasibility of us providing more than we normally do. *Thank you!*

Group Name_____ **Your Name**_____

Rental Dates_____ **Your Signature**_____ **Date**_____

Person's Name or Indicate if entire group	Name of medical condition, if it will help us	No Red Meat	No Chicken or turkey	No Pork	No Fish	No Eggs	No milk or dairy	No Nuts	No Wheat	Other (describe)
TOTAL NUMBERS:										