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Building Sale Update

We are proceeding through the nomination and designation portion of the Landmarks Review Board process. The building has been nominated and the determination on whether to designate or not will be made on June 20th, 2007 at 3 p.m. at the Seattle Municipal Building, 700 SW 5th (5th & Columbia), Room 4060 downtown.

I would be very grateful if you could attend to show your support for Camp Fire USA's position on this. We **do not** want the building designated a landmark so the sale process can proceed unhindered. Your presence at this hearing will speak volumes about Camp Fire USA's commitment to this process. Please call Jackie Peterson or Karen Aoyama if you have any questions. Thank you!

Jane White Vulliet
CEO

Sign up for Camp!

It's not too late to sign up for camp. Day Camps and Resident Camp at Camp Sealth still have some spots available, and we still have a bit of campership money available. Call Elaine at 206 461 8550, ext. 247 and sign up today!

Calendar

June

- 2 National Trails Day
- 2 - 3 Group Camping @ Camp Sealth
- 7 Leadership Breakfast
- 9 - 10 Dad/Kid Weekend @ Camp Niwana
- 10 ... Peace Arch Celebration
- 15 ... Day Camp Campership Application
..... Deadline
- 24 ... Open House @ Camp Sealth
- 26 ... Session 1 at Camp Sealth Begins

July

- 4 Independence Day - Offices Closed
- 5 YVC Summer Projects Begin

From Jane



Listening: a gift to our youth; a gift to each other; a gift to ourselves.

As a little girl growing up in Bellingham, I had a wonderful Aunt - my Aunt Gusta. I stayed with her every Saturday night. As we baked, sewed, embroidered, gardened, and played canasta in her tiny apartment, I talked and talked and talked and Gusta listened.

Another wonderful feature, at Aunt Gusta's, was *The Ladies' Home Journal*. It seems pretty tame, now; however, in the early 50's it was quite exciting for a ten year old. Every month, the Journal contained an article on *communication*. I remember reading the articles, month by month, thinking, "How hard can it be? You just talk!"

As I grew into adolescence, I continued to talk. However, I also wanted people to listen to me - and of course, everyone was very busy talking . . . not listening to my thoughts; my budding idealism; and my questions about everything!

Many decades later, I still love it when I suddenly realize that someone is actually listening to me; not forming their comeback as soon as I draw breath. I also realize that, often, I might be that person waiting to make the perfect response. I live in a glass house.

Why on earth am I writing this? What does this have to do with Camp Fire? Have I lost my mind? **NO!**

One of the great gifts that the adults and parents in the Camp Fire Programs, can give to
Continued on page 2

2007 Wohelo Award Recipients

Wednesday, May 9th was a very important date for four of our Camp Fire members. This was the day they received their Wohelo Awards. After years of hard work and determination they accomplished their goals were honored at the C.A.R.E. Dinner for becoming caring, confident youth and future leaders. This year's Wohelo Award recipients are:

Heather Gregory

Heather's first Advocacy was helping the members of her Job's Daughters Group build leadership skills. Heather started on the trail to become the elected presiding officer of her group. Her responsibilities stretched well beyond her own group, as she presented lessons at the local and state level on table manners and leadership skills. Kids Helping Kids in the Community was Heather's second Advocacy, where she focused on three events: the Special Olympics, the H.I.K.E. (Hearing Impaired Kids' Foundation), and her local food bank with the Weekend Backpacks Program. Heather's third Advocacy was instilling Camp Fire traditions and enriching the program for Highline youth. For this advocacy she focused on two events during which she shared highlights of Camp Fire's history with younger members, imparting the value of tradition.

Megan Martinson

For her first Advocacy, Megan participated in two walks to raise awareness and funds for autism research. Megan also tutored a mildly autistic kindergartener on literacy. Megan's second Advocacy was promoting community involvement and awareness of hunger, and involved the organization of several food drives. Megan was in charge of Caroling for Cans, a service project that was adopted by her area's Horizon Cabinet. Megan's third Advocacy was preserving the traditions of Camp Fire, and providing kids with experiences outside of their groups that enrich the program. She was the leader of the pre-campers at Tall Timbers Day Camp where she planned their daily schedule. Megan was also involved in planning and carrying out the Night of Traditions. Megan has fostered and honored Camp Fire traditions over the past several years, through volunteering at many different Camp Fire events, serving many different roles.

Michela J. Quickstad

Michela's first Advocacy was promoting creativity through crafts at Hans Jensen Day Camp. Michela has attended day camp since she started Camp Fire in the first grade. After years of being a camper and then a junior staffer, she accepted the position of Craft Specialist and also served as a member of the Day Camp Committee. Promoting an Awareness for the Prevention of Injuries in Sports was Michela's second Advocacy. She recognized that in the excitement of sports competition, managing the risk of injuries often falls by the wayside. As a result, she chose to serve as the student Athletic Trainer for the boys' swim and dive team at her school. Michela's third Advocacy was promoting Awareness and Securing Donations for the Eastside Baby Corner. The four years she spent volunteering for the Eastside Baby Corner illuminated for her the significant role such providers perform in the community.

Raelene Marie Reymore

Raelene organized and led Songfest, including sending out reminders, making announcements, arranging logistics, and of course leading a heap of awesome songs for her first Advocacy. For her second Advocacy, she organized the collection of gifts for under-privileged children all over the world with Operation Christmas Child. Raelene planned and led the collection of these gift-filled shoe boxes for four years, giving her the opportunity to teach people about the importance of giving to those in need, and how small actions can make a big impact. Raelene's third Advocacy was to raise money for ovarian cancer research and to inform people about the severity of the disease. She organized a group of people from her community to take part in the Swedish Summer Run for Ovarian Cancer.



"From Jane", continued from page 1

our children and youth is the pure gift of truly listening to them:

- Listening because we are interested
- Listening because we believe that children have something valuable to say
- Listening because it shows respect to our youth
- Listening because it is the right thing to do

I love to imagine our children in a world where adults listen rather than react; where adults role model the gift of listening rather than defending ourselves; where adults practice listening rather than practicing the sharp retort. I am certain, if our children grew up in such a world, that they could begin to achieve the forever elusive peace for which we all search.

Listening is the path to our children's hearts ~
Listening is the path to equality and equity ~
Listening is the path to peace ~

Please join me as I try to embrace more listening and less talking . . .

Wohelo,

Jane White Vulliet
CEO

Office Closure

All Camp Fire USA offices will be closed on Wednesday, July 4th for Independence Day.

Thank you, Volunteers

The following volunteers have earned the Exceptional Volunteer Award in recognition of their service in providing Camp Fire programs to youth and their service to Camp Fire USA as an organization.

- | | |
|--------------------|--------------------|
| • Gail Ballard | • Trese Justis |
| • Dinece Browne | • Cheryl Lindberg |
| • Lisa Bruce | • Pam Love |
| • Stacy Carlson | • Lisa Luchau |
| • Amy DeVore | • Meaghan Luchau |
| • Chris Eddy | • Karen Montes |
| • Alicia Flores | • Patti Olsen |
| • Mary Gallagher | • Debi Shannon |
| • Charise Gregory | • Stacey Sherburne |
| • Amy Hendricks | • Misty Smith |
| • Lauri Hennessey | • Elethea Steward |
| • Susan Hockberger | • Erik Steward |
| • Kim Hutchinson | • Leslie Vietmeier |
| | • Cathie Westcot |

To learn more about the Exceptional Volunteer Award, contact your Program Manager. We think all of our volunteers are exceptional!

Marketing News

Greetings all! The Marketing Department has been a whirl, as the sunshine has things ramping up for summer.

Leadership Breakfast

Our annual Leadership Fundraising Breakfast will be June 7th at The Westin, downtown. We're excited that two of our alumni, Mark Aoyama and Matt Wesson, will be regaling us with tales of their time in Camp Fire. Our community co-chair this year is Sally Jewell from REI, and we're very honored to have her participation. If you can pull a table of friends, family, co-workers together, we'd love to have you join us!

Annual Auction

We had our kick-off meeting for the Auction (October 26th, 2007) and Board members brought in over \$13,000 worth of items that night! Can you help us with donations of items, experiences, or services we can auction off?

You don't need to do the whole thing yourself, just think of it as if you're on a scavenger hunt. Let's use a day of fly fishing as an example. I have an extra fly rod at home I've never used. I can donate that. Hmm...and I know someone who ties flies...I think he might just donate a starter set of flies. Oh, and my neighbor works for G.I. Joes, I wonder if he can get me a vest?

See how it works? Then we'll put all the things together and auction off the package! Do you have crafts that you're good at? How about teaching someone to paint? Can you put a group together to help someone clean out their garage? See - it isn't hard and it can be a lot of fun.

Camp Fire in the News

In the rest of our spare time, we've done flyers for many of our Day Camps, a few volunteer recruitment flyers and a few press releases for Day Camp as well. With the approval of our friends at the American Camping Association we've produced some articles about Day Camp and Camp Sealth that we'll provide to the local newspapers.

I was also recently asked to make a presentation to the local Broadcasters' Alliance, which is a group of the public affairs directors for all the radio and television stations in the area, and I got 20 minutes to talk all about Camp Fire programs! That got us two additional on-air interviews down the road.

Slowly, but surely, we're generating more awareness for Camp Fire in the area...and having some fun and making new friends while we're doing it! As always, if you have some great tales to tell of your great kids, please let me know!

Many thanks for all you do as volunteers!

Jackie Peterson

Director of Marketing & Communications

Community Recognition for Camp Fire Youth and Volunteers

Almost monthly, our Council receives requests from various community organizations and corporations asking us to nominate one of our members for various community awards. A couple of examples of recent requests are as follows:

The Young Philanthropist Award as presented by the Association of Fundraising Professionals, Washington State Chapter recognizes one youth each year for outstanding leadership in philanthropy. In the past, five Camp Fire youth have received this award for their efforts in raising funds for Camp Fire USA as well as other organizations.

REI presents annually the Stewards for the Environment Volunteer Award. This award is intended to provide annual recognition to local environmental heroes who have made an impact and inspired others to become environmental stewards. Eight individuals throughout the United States were given this award last year.

As a Council, we would love to recognize our exceptional youth and adult volunteers by nominating them for community awards, and we could use your help to do this. Our staff knows many of these individuals, but not all, so if you know of a youth and/or adult volunteer doing amazing things in Camp Fire as well as other organizations, let us know.

All we need from you is the name of the individual, including contact information, and a brief overview of their volunteer involvement. One paragraph is plenty. Send the information to Jackie Peterson at jackie-p@campfire-usa.org. We will keep this information in our community award file until we have an opportunity to nominate someone matching this person's achievements.

Camp Fire USA is a volunteer driven organization with an amazing amount of outstanding youth and adult volunteers. With your help, we would like our Camp Fire volunteers to receive the recognition they deserve in their communities.

S'more We Get Together

Mark Your Calendars!

Camp Fire USA Alumni Reunion

September 15 – 16, 2007
Camp Sealth on Vashon Island

New This Year!

- Mini-auction with unique items
- Renovated facilities ready for alumni to use and enjoy

Other fun activities:

Hiking ▪ canoeing ▪ singing ▪ archery ▪ crafts ▪ evening entertainment ▪ dream boats ▪ special gourmet dinner and brunch ▪ helping with a service project ▪ camaraderie with alumni and friends and more!!

June 1st, 2007: Information and Registration Form available at www.campfire-usa.org

SAVE THE DATE and Plan to Attend!

If you would like a registration packet mailed to you, please contact Lael Ross at 206 461 8550, ext. 234 or lael-r@campfire-usa.org.

Membership Corner

We hope everyone had a great program year with us. With the 2007-08 program year just around the corner, we have a few reminders, tips and ideas.

Permission Forms

Please remember to turn your yellow Special Activity Permission forms in to your Camp Fire staff or Leaders' Association Chairperson each year. Camp Fire is required by Washington State Law to archive these forms. Please help us remain in compliance by turning yours in at the end of every program year. Don't forget to pick up new ones!

FREE Emblem for Tenure!

All Camp Fire members are eligible to receive a free tenure emblem. The First Year emblem is a white triangle edged in blue with the words "First Year Award" embroidered in red on it. In subsequent years, add small white triangles around the edge of the First Year Award. All of these emblems may be obtained from your Program Center. They are nice to present at Council Fire or at your end of the year celebration, so ask your Group Leader/Coordinator pick these up for your group.



Renew Your Membership Now

Remember to renew your membership now for savings and convenience. Renewal forms were sent to each family in May. Call your Program Manager if you didn't receive one. Return your forms and payment in the enclosed envelope, postmarked by June 30th to enjoy major savings and an Early Bird emblem! Then your group will be ready to have fun as soon as school starts.



Membership Tip:

When you sign your child up for Camp Sealth or Day Camp, please do not pay a membership fee, if your child is already participating in a Camp Fire group. You have already paid your membership fee for this year. Save renewing your membership for your discounted spring renewal form!

For now, enjoy your membership, and don't renew on your camp application – it costs you more that way.

Spread the Word!

There are hundreds of public schools in King, Kitsap, and north Mason counties. In addition, there are numerous private schools and academies. At each of these schools there might be families looking for experiences and opportunities Camp Fire has to offer. How do we find these families and tell them more about our programs? What is the best way to get the word out and encourage participation?

YOU! Our volunteers and members are the best resource we have for spreading the word about Camp Fire USA! Please share your positive Camp Fire experiences with another family and encourage involvement. With your help we can help create more caring confident youth and future leaders!

Council Fire Emblem



Celebrate your child attending your area's Council Fire with an embroidered emblem, available in our Program Resource Centers. This memento makes a nice end-of-the-year token for remembering the inspiration of this ceremonial.

Kitsap County News

Don't Forget!

Our last Leaders' Meeting before the summer break will be Tuesday, June 5th at 9:30 a.m. or 6:30 p.m.

Thank You!

A special thank you to Group #933 who made the wonderful birdhouses for the C.A.R.E. Dinner center-pieces. Leader Carol Glad credits Co-Leader Adraine Weber for the idea and helping the group on the project.

Members assembled the birdhouses, and the designs they painted on were completely their own.

Kids' Day at the Fairgrounds

Come join the fun on Kitsap County Kids' Day on Saturday, June 9th from 10 a.m. to 2:30 p.m. at the Kitsap County Fairgrounds. This is a great day for family fun.

Learn about fire safety and staying safe at home. Camp Fire USA will have a booth and offer a craft project for the kids. Many youth-serving agencies will be represented so there are lots of things to see and learn about our community.

If anyone would like to assist with this activity, call the Program Center in Bremerton at 360 377 5513 to sign up. We would love your help at our booth! Come and learn, come and help, or just come and enjoy the day.

Fascinating Facts about the Kitsap County

According to www.visitkitsap.com:

Slaughter County is the original name of Kitsap County.

Hood Canal is a natural, glacier-carved fjord more than 60 miles long, with 242 miles of shoreline, first explored and named by Captain George Vancouver in 1792.

The Hood Canal Bridge is the world's longest floating bridge over saltwater.

The oldest documented eagle's nest in Washington State is located near Hansville, high on the bluff overlooking Puget Sound in the Point No Point County Park.

North County News



Burn Fire Burn!

Council Fires are fun, annual traditions that allow groups to gather and celebrate the accomplishments and activities of the year. Join your area groups as you sing songs and present and receive awards.

Vashon

Saturday, June 2nd, at 5 p.m. at Camp Sealth, near Medamin, during Group Camping Weekend.

Shoreline/Lake Forest Park

Friday, June 8th, at 7 p.m. at St. Luke's School, 17533 St. Luke Place N, Shoreline. Rehearsal: 6:30 p.m.

Left! Left! Left, Right, Left!

The *Does of the Forest* Camp Fire group would like to invite all interested Camp Fire groups to participate in the West Seattle Grand Parade on Saturday, July 21st. You can help decorate the Camp Fire USA parade float and/or march in the parade! Participants can fulfill one of the requirements for the "Summer Fun" emblem, as well as earn beads in the Trail to Family and Community!

If you and/or your group are interested in participating in this fun event, please contact Janelle at 206 461 8550, ext. 310 or janelle-k@campfire-usa.org.

South County News

Summer Office Hours

The Program Center in Kent will have its same hours during the summer as it does throughout the year. We are open BY APPOINTMENT on Monday through Thursday, and from 9 a.m. – 3 p.m. on Fridays.



Because of Day Camps and staff vacations, it is very important that you call if you plan to come by Monday through Thursday. We would hate for you to have driven all the way to the Program Center to find out it is closed and the staff is not in the office.

East County News

Council Fires

Kirkland/Northshore Council Fire was planned by Karyn Zupke's and Pam Zackula's group this year. The Council Fire is a fun event for everyone who attends. The youth sing songs, receive awards they earned this year, and enjoy refreshments.

Bellevue/Redmond/Sammamish/Issaquah/Sno-Valley Council Fire will be held on June 15th at 7 p.m. at the Aldersgate Methodist Church in Eastgate.



Looking for Fun People!

Want to help plan All Volunteer/Leaders' Meetings? Want a voice in what is happening? Want to help increase the fun for Camp Fire groups in our area?

Come join the East Program Committee. Call Cindy at the Redmond office, 425 885 0477. We will be meeting in late June to discuss 2007/2008 program year.

Reflecting on the Program Year

East county Camp Fire groups stayed busy this year, doing fun activities and learning new things. Here, a couple Leaders reflect on the program year and all the great things their groups did together.

"The **Kwo Ne Shee** Horizon group has been together since 1st grade. The five girls are now seniors at Eastlake High School in Sammamish.

We took our final mother/daughter group camping trip to Camp Sealth in March and retired our shield in Rounds Hall. In January we took a woodcarving class where each girl made a 'raven moon' wall hanging. We visited the new Olympic Sculpture Park to help earn our Torch Bearer in Art Appreciation. The girls volunteered at Eastside Baby Corner and delivered fleece blankets they had made.

The girls started scrapbooking in 1st grade and at the end of each year we did a scrapbooking workshop, so now each girl has their own scrapbook full of twelve years of Camp Fire memories." ~ *Korina Meyer, Leader*

"The **Friendly Helpers** Discovery group tried a new idea this year for their meetings. We meet once a month on Friday night, have dinner, do a project and then have a sleepover at one of our homes. Everyone gets to bed early since they all get up and going by 9 a.m. After a quick breakfast together they do another project and go home by 11 a.m.

Friendships have grown and the girls have learned lots about responsibility. We have also spent a lot of time at Top Foods this year, helping with plants and selling candy. It has been a great year!

Thanks to the whole group and all of Cindy's help and ideas. Thanks also to the Taylors for all of the fun activities that they sponsored." ~ *Lolo Levy, Leader*

Eastside Outdoor Adventures

The new kindergarten group at Rockwell Elementary in Redmond plans on attending PEAK (Promoting Environmental Awareness in Kids) training at REI in June, and the Redmond Derby Days Parade on July 6th.

We're a small group so we'd love to have you join us at PEAK training or the Derby Days Kids Parade. Please contact Felice Nightengale at f_nightengale@comcast.net for more information. Both are free of charge.

Trainings

Is your group flying up to a new program level in Camp Fire? Leaders of 2nd, 3rd, 5th, and 8th graders will be moving up in the fall.

Get a jump on the new program materials by scheduling an appointment with your Program Manager.

Summer, with its more relaxed schedule, is also a good time to get other trainings you may need, such as Ceremonial Attire Training, Wohelo Award, or 200 Service Hour Training.

Call your Program Manager to schedule training, or if you have any questions.

Summer Bicycle Safety Tips

Have a safe summer by talking over these biking tips with your family:

- **The bicycle is a vehicle:** the rules of the road are for you! Stay safe by obeying traffic rules.
- **Ride a bike that fits and is in good working order.** A bike that is too big cannot be controlled properly and can be dangerous.
- **Wear a bike helmet.** Wearing a bike helmet can save you and your child from serious injury or death. Remember to set a good example.
- **Children under age 9 should be supervised when they cycle.** A child learns to balance and handle a bike many years before he or she is able to develop a sound judgment about traffic, and a realistic appreciation of risk.
- **Driveways can be dangerous:** a driveway is an intersection. Stop before entering the road. If there are parked cars, stop and look again at the edge of the cars.
- **Riding on the sidewalk is not always safe.** Alleys and driveways cross the sidewalk. Sometimes sidewalks are bumpy and children can lose control of their bikes and fall. If you want your young child to ride on the sidewalk, check out the area and be clear about boundaries and dangers.
- **Crossing the street takes practice;** children need help to understand when it is safe to cross the street.
- **Children should learn to make their own decisions.** If a child is cycling with friends, he or she may just follow the cyclist in front. This is dangerous. Help children learn that they are responsible for their own vehicles and must make good and safe decisions for themselves.
- **Always look behind you first before making a turn.** When cyclists are riding on the road or on a bike trail they must always look over their shoulder first before signaling and turning.
- **Enroll in a safe cycling skills course.**



Courtesy of the Ontario Cycling Association,
www.ontariocycling.org.

New Seat Belt Law

Washington State has two occupant protection laws to keep you safe while riding in vehicles: a seatbelt law and a child restraint law.

The Seat Belt Law requires:

- **ALL** vehicle occupants to be **properly** restrained in **ALL** seating positions.
- The driver is responsible for seeing that all children under the age of 16 are properly secured.
- Passengers 16 years of age and older are responsible for themselves and may receive their own ticket if they are not properly restrained.

Washington State's Child Restraint Law **will change** on June 1st, 2007 to require:

- Children under 13 years old be transported in the back seat where it is practical to do so.
- Children up to their 8th birthday, unless they are at least 4'9" (57 inches), must be transported in a child restraint system (for example a child car seat, booster seat, vest, or other restraint that is federally approved for use in the car).
- The restraint system must be used according to the car seat AND vehicle manufacturer's instructions.
- Vehicles equipped with lap-only seat belts are exempt from the requirement to use a booster seat.
- Children 8 years of age or at least 4'9" who wear a seatbelt **MUST** use it correctly (not under the arm or behind the back).

Please make sure everyone in the car wears a seatbelt! Visit www.800buckleup.org for information about Washington's Child Passenger Safety Program.



Sun Wise

Did you know that one in five Americans will develop skin cancer in their lifetime? Teaching kids about sun protection at an early age can promote sun safety as second nature.

Developed by the US Environmental Protection Agency, the SunWise program is a safety lesson you can incorporate into your meetings. The SunWise "tool kit" is tailored for K – 8th graders and is full of fun activities, helpful information and interactive worksheets.

For more information about the SunWise program, or to order your own tool kit please visit www.epa.gov/sunwise. When ordering a tool kit, make sure to note that you are with Camp Fire USA.



Borrow Our Parade Float

For extra fun and visibility when your group marches in a community parade, borrow and decorate the Camp Fire float! Contact Sarah Kessler at 206 461 8550, ext. 229 or e-mail sarah-k@campfire-usa.org at least two weeks ahead of the parade to sign up. Then just use your imagination, decorate, and have a terrific experience.

Here are a few details:

- The float measures 18 feet by 8 feet and is approximately 32 inches high.
- When you come to the Council office in north Seattle to pick up the float, you will sign an agreement saying that you will follow the safety procedures outlined. Council insurance covers the use of the float if safety policies are followed.
- You need a pickup or SUV or station wagon with a permanently installed trailer hitch - not bumper mounted - with a wire to hook up the taillights to pull the float. It takes a 2-inch ball.
- Decorations should be neat in appearance and present a positive image of Camp Fire USA. Recommended colors are red, white and blue. All decorating material must be fire retardant. Ask your Program Manager if they can provide you with some banners or flags.
- When occupied, driving speed is limited to 5 m.p.h. No getting on/off while the float is in motion.

See you in the parade!



"Does of the Forest" Camp Fire group
in the 2006 West Seattle Grand Parade

Beach Walk

Take advantage of a -3.6 foot tide on June 16th as Camp Fire's own marine life experts lead you on a beach walk from Carkeek Park to Golden Gardens beach.



Older youth are invited to assist with the event to earn service hours. At least one adult per each group is required.

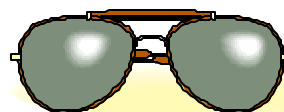
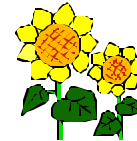
For questions or to help, please contact Janelle Kitson at 206 461 8550, ext. 310 or janelle-k@campfire-usa.org.

Celebrate Summer

Earn the Summer Fun emblem by completing at least 10 of these activities. They may be done by groups or individuals.



1. Attend one session of Camp Fire resident camp
2. Attend one session of Camp Fire Day Camp
3. Help at Day Camp as an aide
4. Go fishing
5. Participate in a community parade
6. Go somewhere using public transportation
7. Visit the library, check-out and read 2 books
8. Plant flowers
9. Go on a hike of one mile or more
10. Pack your lunch and have a picnic at the park
11. Do something special for Father's Day
12. Go on a bike hike
13. Make ice pops
14. Attend a Seafair event
15. Play miniature golf
16. Go on a camping trip with your club
17. Go on a camping trip with your family
18. Set up a tent and sleep in it overnight
19. Make a fruit salad
20. Visit a farmer's market
21. Visit a National Park
22. Have a cook-out at a park
23. Make s'mores
24. Fly a flag on Flag Day and Independence Day
25. Go horseback riding
26. Make homemade ice cream
27. Go roller-skating
28. Pick fruit and make jam or fruit leather
29. Visit a museum or an aquarium.
30. Take a ride on a ferry
31. Attend a sporting event
32. Volunteer at a community event
33. Take a first aid class
34. Do a craft project
35. Pick up litter at a local park or school
36. Visit a garden center and pick out plants for a container garden
37. Participate in a summer sport
38. Plan a party including theme, food and decorations
39. Keep a journal of a family vacation
40. Go to the beach
41. Go ice-skating
42. Make and learn to use a first aid kit
43. Learn to canoe or sail
44. Go swimming
45. Fly a kite
46. Make a map of your community, including interesting free things to do
47. Help at a Special Olympics event
48. Attend a county fair
49. Do something to help improve the environment



Dad/Kid Weekend

June 9th - 10th, 2007

At Camp Niwana

(South of Port Orchard)

Boys and girls, ages five and up, invite your favorite guy (Dad, Grandpa, Uncle) to a weekend of fun at Camp Niwana near Port Orchard. Enjoy two days in the great outdoors, sleeping in open-air cabins and joining other campers for crafts, nature awareness activities, sports, hiking, boating, swimming, and fishing! Saturday night dinner and Sunday morning brunch will be provided with a little set-up and clean-up help from you. Bring a friend and make this an annual outing.

- When:** June 9th, 10:30 a.m. to June 10th, 2 p.m.
- Where:** Camp Niwana (Map will be sent with confirmation letter)
- Fee:** \$30 per person for a cabin OR \$26 per person if you stay in your own tent
This covers: dinner, breakfast, snacks, overnight fee, lifeguard and craft costs.

To Register: Send the form below, with check made payable to Camp Fire USA, and a self-addressed, stamped (68¢ postage), legal sized envelope, to:

Dad/Kid Weekend at Camp Niwana
C/O Penny Renwick
26825 17th Pl. S
Des Moines, WA 98198



Deadline: Registration must be postmarked by June 1st.
Cancelled reservations will not be refunded.

Questions: Call Penny at 206 354 5817, OR e-mail cortina_b@yahoo.com

Dad/Kid Weekend at Camp Niwana, June 9th - 10th, 2007

Adult Name(s) _____

Address _____ City _____ ZIP _____

Phone (Home) _____ (Work) _____ (Cell) _____

E-mail _____

Child's Name _____ Age _____ Grade _____ Sex _____

Name _____ Age _____ Grade _____ Sex _____

Name _____ Age _____ Grade _____ Sex _____

Cabin(mate) Request _____ OR _____

Are you a: doctor nurse EMT ?

Any medical or dietary concerns we should be made aware of? Yes , No If yes, please list:

Number of People staying in a tent: _____ @ \$26 = \$ _____

Number of People staying in a cabin: _____ @ \$30 = \$ _____

Total Amount Enclosed = \$ _____

Checks should be made out to Camp Fire USA

Spring Cleaning at Camp Sealth

The busy seasons at Camp Sealth and Camp Niwana are in full swing! After a difficult winter of freezing temperatures, snow, rain and destructive windstorms, we're ready for another summer of fun in the woods and on the water. Our thanks go out to the many, many staff and volunteers who have helped repair buildings and reclaim the trail systems!

As always, Camps Sealth and Niwana are in need of your **stuff**: used or new, if you don't need it, we probably do! Below are some things that we are especially in need of:

- Plastic wheelbarrows
- Shovels
- Rakes
- Pruners
- Work/garden gloves
- Toys for Camp Niwana: a parachute, tetherballs, Frisbees, balls and a croquet set
- Old pots/pans/dishes/silverware
- Camping gear: frame backpacks, tents, pie irons, etc.
- Household appliances in good shape
- Couches/chairs

So, if you're doing some spring cleaning of your own and run across any of these items that you don't need anymore, contact Camp Sealth at 206 463 3174 to donate. You can also drop off donations at any Camp Fire Program Center.



Day Camp Volunteers Have Fun

Do you like singing silly songs? Making pie-iron pizzas? Having fun outside? If you are an adult or youth in grades 8 and up, we want you!

Come and join us at any of our local day camps this summer. You may choose to be a Junior Staff member, Counselor Craft Specialist, Outdoor Skills Specialist, Nurse, Purchaser, or other valued staff member!

Training is required for volunteers, and there is well-supervised care for staffs' preschool-aged children. Teens who are not members of Camp Fire USA will need to pay a \$20 membership fee. Adult volunteers who work a full camp session (one week) may register their children for a \$30 fee! Children of volunteers are guaranteed a place at camp. Call your Program Center for more details.



Earn your Torch Bearer in Performing Arts

Camp Fire USA Project Torch Bearer gives older youth the opportunity to discover their passions, talents, dreams and goals. The projects allow youth to work on projects specific to their individual interests. Activities for beginner, intermediate, and advanced levels can be found in each Camp Fire trail. There are thousands of possibilities, so it should be easy for youth to find projects that get their attention.



This summer, encourage your actors, actresses, or backstage "techies" to earn their Torch Bearer in Performing Arts. Seattle Public Theater offers a variety of drama productions this summer for individuals and groups, providing an enriching dramatic arts experience for all ages and ability levels.

Seattle Public Theater program participants can receive free tickets to the professional main stage season, volunteer and service learning opportunities, take part in talk-backs and tours of the theater, and more! They can also provide workshops for Leaders who are interested in observing professional teaching artists in action.

For more information contact Artistic Director Shana Bestock at 206 524 1300 or shanab@seattlepublictheater.org. Summer show information and registration is online at www.seattlepublictheater.org.

Earn a Ribbon at the Fair



Your child or the members of your Camp Fire group can earn ribbons for projects entered into the Puyallup Fair, September 7th – 23rd. National Art projects, special projects done throughout the school year, and Day Camp projects make excellent entries, so lay a few aside in a special place to be ready to go at the end of August.

Each entry will be judged and will receive a first, second, third, or fourth place ribbon. When you visit the fair, view your ribbons (and all the other entries) in the Camp Fire USA Exhibit on the lower level of the Pavilion.

Complete details of entry categories and rules will be available by the end of June. All entries must be turned in to your Program Center and will be delivered to the Fairgrounds by Camp Fire staff, and picked up at the end of the fair and returned.



For questions, contact your Program Manager or Sarah Kessler at 206 461 8550, ext. 229 or sarah-k@campfire-usa.org.

Swimming Progressions

Camp Fire members can earn emblems for improving their swimming skills. Lessons at camp or at the community pool count toward earning the colorful fish emblems described in the Council's swimming flyer.

So, if your child receives a card or certificate for improving their swimming skills, then they have completed a step in the Camp Fire swimming progression! Award him or her with an emblem and a hearty congratulations!



Youth Leadership at a Whole New Level

The Issaquah Community Family club provided 18 youth with leadership opportunities this year. As a family club with kids of all ages, we have a unique chance to get the older kids involved in teaching the younger ones. Here are some examples:

Second graders start out by taking attendance or bringing snack. Ian Weiss took attendance and Lloyd Deng brought the snack during our geology project.

Third graders really dive into leadership. They lead games at the start of meetings. For example, when we were learning about health, Dexter Budrys made up his own games such as "Jumping Jack Tag" to teach the kids. They teach songs at the end of meetings. Serena Dodd led hand motion tunes *The Tarzan Song*, *Little Cabin in the Woods* and *Sardines* and *Pork and Beans*. Third graders also take turns as Librarian. During our painting project Pranav Shah checked out 20 books from the library on painting, read to us about Matisse, and showed examples of watercolors and acrylics during those lessons. Another third grade job is decorating for parties. Forrest Timour decorated for Halloween by making each member a placemat with spooky coloring cutouts, a word search, jokes, and cross-word puzzle. Third graders also lead 1-mile theme hikes, such as pacing, leaf collecting, hiking in the dark, and railroad history.

Fourth graders in our club start taking on adult teaching jobs. They teach crafts like pumpkin carving, tole painting on cutting boards, and printmaking on bookmarks. They read books to the younger kids; Gabby Pang read three books about different whales and then taught the kids how to make the three different whales from origami. They lead Game Night; Ronak Ved taught the kids how to play a mystery board game that he designed himself. They lead longer weekend hikes, introduce and write thank-you cards to guest speakers, run clean up, and do internet research on current projects.

Fifth graders teach more complicated activities like drama. This year we learned a dance from *High School Musical*, made gold masks with jewels and performed the Royal March, and did an animal kingdom skit. They teach gardening such as how to use grass shears, clippers, loppers, weed pullers, aerators, hoes, leaf rakes and garden rakes. Jennifer Lette helped the kids make wall planters with a variety of trailing vines. They also lead opening color guard and candle lighting ceremonies, baby-sit during potluck dinners, and plan backyard campouts.

Sixth graders teach cooking projects like applesauce, scrambled eggs, grilled cheese and even sushi-making. Nicole Pang taught us to make an edible fishbowl with blue Jell-O water, parsley seaweed, fruit loops life rings and goldfish crackers. They can lead National Art Project activities, run business discussions, and plan our fall and spring car camping trips.

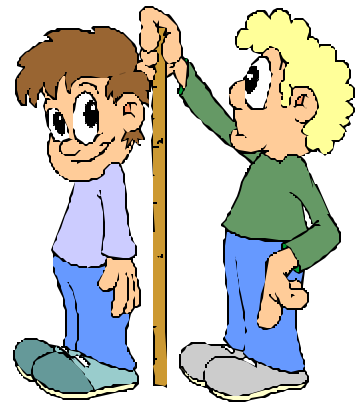
Seventh graders can teach entire lesson plans, take photographs during meetings, help design our website, and organize field trips.

Eighth graders are encouraged to teach an entire project and also to mentor under a different adult Leader each quarter. They can help the Outdoor Skills Leader teach pocket knives, help the Community Service Leader plan a Veterans Day project, or help the Supply Leader do the shopping. We encourage high

school kids to take on full adult responsibilities. Stephanie Hayes has been our Hiking Club Leader and runs our nature activities at Group Camping, both of which go towards earning her Wohelo Award.

Parents in the club have tried to delegate every possible duty to the kids and one parent even serves as "Youth Leadership Advisor." The youth leaders have to plan ahead and announce their activity at a prior meeting. After their leadership job we always take time to solicit comments from younger kids and adults in the club. For example, when a kindergartener commented that she had to jog to keep up on a hike, Amanda Hagen admitted that she felt like the kids behind her were right on her heels forcing her to speed up. On her next hike, she had the perfect plan for keeping an enjoyable hiking pace for everyone.

The combination of Camp Fire and family club makes these experiences possible. I have kindergarten and first grade kids saying they can't wait until they're old enough to help lead our club. A preschooler recently tried to convince his mom to let him buy peanut butter crackers and save them until he's old enough to bring snack, just in case the stores stop carrying them by then! We're creating new leaders every step of the way. Imagine what these kids will accomplish by the time they are adults.



Amy Hendricks
Issaquah Community Family Club

EDITOR'S NOTE: Thank you, Amy, for this inspiring article! It is impressive how your group provides well thought out progressive leadership development. Congratulations on a job well done.

Frito Trees

Lauri Hennessey's Vashon 3rd grade Camp Fire group came up with a new way to celebrate Arbor Day this year. The National Arbor Day Foundation (www.arborday.org) was giving away trees to service groups nationwide, in partnership with Frito Lay. The group applied and was awarded 100 white dogwood and blue spruce saplings.



After the group received the trees, it contacted the Vashon Maury Land Trust to set up a partnership. The Land Trust provided all of the dirt and buckets, and the girls potted the trees and then sold them for donations. All proceeds were given back to the Land Trust in honor of Arbor Day.

Peace Arch Celebration

Located in Blaine, Washington, the Peace Arch was built to honor the existing century of peace between two great nations; the United States and Canada. With one foot in each country, straddling the border, it is the only international gateway constructed to celebrate the interest of peace among nations.

Every year, tens of thousands of people join together in Blaine for the Peace Arch Hands Across the Border Celebration. The event is a ceremony that includes singing, speeches and anthems, a grand parade through the Peace Arch, and a "friendship swap" finale. During the finale, youth participants exchange flags and simple souvenirs from their countries as a gesture of friendship, symbolizing peace across nationalities and geographical boundaries.

This year's celebration will be held on June 10th. Everyone should experience at least once in a lifetime this moving ceremony. Make this event a wonderful field trip for your group or family. Consider swapping handmade or purchased mementos of Camp Fire USA, Seattle, Washington State, or the U.S. We suggest preparing 20 or so simple souvenirs for the friendship swap.

For more information, including maps and the history of the Monument, visit www.peacearchpark.org.



Presidential Volunteer Service Award 2007

Congratulations and thank you to everybody who participated in making a better and stronger community by volunteering their time.

These people earned a President's Volunteer Service Award by submitting the volunteer hours they worked between April 1st, 2006 and March 31st, 2007.



GOLD

Ana Zeek
Raelene M. Reymore
Heather Lindberg
Amy Hendricks
Nareesa Anderson
Rachel Wishkoski
Mackenzie Carlson
Allie Crowe
Karissa Coen
Katie Scott
Enely Shepherd
Laura Cindric
Kristina Meyer
Leslie Edwards
Jennifer M. Johnson
Lacey Ballard

SILVER

Karen Montes
Seattle Buddhist Church
Adventure Group
Cassandra Anderson
Sylvia Bargellini
Sarah McDowell
Rachel Venefra
Kaylyn Davis
Robin Leitzke
Lynnea Heerman
Stefanie Wong
Alice MacLean
Mitchell B. Johnson
Christine Swanson

BRONZE

Bryan Anderson
Alexa Aratani
Lindsay Aratani
Melinda Gallagher
Abreane Gapp
Leann Taamu
Nicole Parks
Rachel Mickey
Meredith Carlson
Sarah Taylor
Tessa Davis
Rebecca Meyer
Carol Glad
Adraine Weber
Elizabeth Schmitz-Robinson
Annie Schmitz-Robinson
Samantha Wong
Michela Quickstad

If you would like to earn a President's Volunteer Service Award, document all the hours you volunteer between April 1st, 2007 and March 31st, 2008. Record forms are available at your Program Center, or can be downloaded from our website at www.campfire-usa.org.

More information can be found at www.presidentialserviceawards.org. If you have any questions, contact Sarah Kessler at 206 461 8550, ext. 229 or sarah-k@campfire-usa.org.

2007 Art Project Winners

We were overwhelmed by the remarkable artwork that was entered into the 2007 National Art Project. More than 140 photographs were turned in and displayed at the Council office for a week.

The medium this year was photography, and Camp Fire brought in local photographers to judge the entries. We had two judges: a media arts student and a professional photographer who has taught photography in schools and other programs in the area. We are very grateful for them to volunteer their time to this project. They spent a lot of time going through the gallery, and had a tough time choosing from all the wonderful pieces.

The winners of the 2007 National Art Project, for their excellence in photography are:

Horizon

1st Place, Mackenzie Carlson
2nd Place, Marie Robello
3rd Place, Sarah Nietfeld

Discovery

1st Place, Mariah DeWeese
2nd Place, Kristin Brodie
3rd Place, Katie Nelson

Adventure

1st Place, Anna Berti
2nd Place, Kyndahl Jones
3rd Place, Kristine Dao

Starlight/Little Stars

1st Place, Kristen Eng
2nd Place, Manasi Shah
3rd Place, Kale Strange



Congratulations! Their art was displayed at the C.A.R.E. Dinner, and we are very proud of them.

Thank you to everyone who participated in this project. The 2008 National Art Project medium is clay, so roll up your sleeves and start sculpting!

2007 Candy Fundraiser 120+ Sellers

EAST

Name	# Sold	Name	# Sold	Name	# Sold
Katie Scott	2205	Alex Gray	135	Cassidy Seek	370
Sierra Hendricks	300	Whitney Nelson	135	Hannah Kelly	364
Forrest Timour	300	Emily Ko	135	Lilly Poirier	357
Peter Zupke	170	Andrew Studyvin	135	Anna Diss	350
Cassie Anderson	167	Cammie Wraspir	135	Amber Gregory	350
Reesa Anderson	167	Sarah Stolnack	134	Emily Browne	350
Stephen Murnane	167	Danielle Armstrong	127	Mickayla Willis	312
Darby Day	165	Ian Rough	125	Heather Poirier	300
Syd Coan	150	Stephanie Kastner	125	Jessica Mannard	300
Mary Ward	146	Trinity Fagan	122	Dalijah Boldien	294
Skyelee Van Kleeck-Claggett	145	Hollie Sharp	120	Tara Ferguson	275
Lucas Timmerman	130	Julia Youngman	120	Madison Browne	266
Grace Zackula	125	Chloe Gabriel	120	Anna Ryckman	250
Alyson Zackula	125	Ellen Olsen	120	Alana Benedict	240
Kristen Buckingham	125	Alexis Adekoya	120	Sarah Hembree	240
Eli Vazquez	124	Andre Pitton	120	Taylor Ford	233
Ian Weiss	120	Stephanie Reeves	120	Joshua Hembree	228
Pranov Shah	120	Jessica Spaulding	120	Nicholas Hembree	227
Dexter Budrys	120	Ricky Spaulding	120	Jenny Mannard	225
Gabriel Pang	120	Tobias Espenschied	120	Kristen Brodie	210
Nicole Pang	120	Izabella Gamache	120	Makenzie Deshler	204
Serena Dodd	120	Kalia Hendricks	120	Oliver Dunn	200
Austin Dodd	120	Meili Powell	120	Madelynn Nassirian	200
Fiona Kine	120	Mirella Galang	120	Madison McCann	186
Jennifer Lette	120	Alexa Licklitter	120	Ciera Hackler	180
Lloyd Deng	120	Britta Smith	120	Sarah Oakes	175
Cole Tobiasen	120	Sabrina Galang	120	Amber Oakes	175
Enely Shepherd	120	Melinda Gallagher	120	Savannah Riley	174
		Abreane Gapp	120	Alora Demaree	166
				Katherine Taylor	161
				Karissa Coen	160
				April Yantzer	150
				Caroline Vadino	150
				Piper Hutchinson	150
				Madeleine Musard	150
				Anna Cole	150
				Kaitlin DeWolfe	148
				Bryanna Allen	145
				Victoria Steward	142
				Bailey Ormsby	141
				Samantha MacKinnon	140
				Amanda Stam	140
				Jill Mayer	139
				Grant Mayer	139
				Grace McDonagh	138
				Kali Schouteren	136
				Courtney Gray	136
				Jannika Frothingham	135
				Sarah Dunn	135
				Jeanne Martin	135
				Emily Haver	135
				Zachary Haver	135
				Selena Walch	135
				Ava Mears	135
				Brianna Cote	135
				Mary Fuller	135
				Brittany Haong	135
				Jenna Leenknecht	135
				Lauryn Hales	135
				Allie Crowe	135
				Allister MacKinnon	133
				Julianne Minnick	132
				Crystal Johnson	131
				Kristin Ericksen	128
				Cailyn Vargas	128
				Samantha Musto	127
				Kevin Ericksen	127
				Aimee Olson	125
				Allie Herrick	125

NORTH

Name	# Sold
Delaney Ballard	1050
Lacey Ballard	1050
Kayla Butler	805
Aurora Montes	510
Mary Bone	510
Anna Berti	375
Emily Bruce	356
Andy Lilliston	304
Emily Boyd	304
Kirsten Westmoreland	301
Kaeli Grant	301
Danielle Shoemake	279
Sarah Shoemake	279
Kristy Carpenter	228
Franny Lilliston	228
Elena Imel	209
Lilly Hennessey	203
Emily Arnesen	201
Thierry Pitton	200
Elissa Rosenthal	200
Christa Knutson	200
Tiffany Yamasaki	160
Kyndahl Jones	158
Liz Radford	156
Alyson Laing	156
Taylor Elder	156
Emily Kruly	150
Emily Prall	140
Kelly Fagan	139
Brette Flora	138
Meredith Carlson	138
Elizabeth Lindberg	135
Dakota Rogers	135
Hillary U	135
Renita Gray	135

WEST

Name	# Sold
Alisha Jones	679
Carolynne Holbrook	510
Hailee Pasatiempo	510
Paige Parker	508
Sierra Halsted	300
Madeline Glad	280
Danielle Elder	220
Erin Hutchison	217
Mariah Steenerson	200
Alyssa Steenerson	200
Savannah Rice	180
Berkley Hassebrock	154
Alyssa Spellman	129
Danica Foster	127
Samantha Keil	123
Jaclyn Steenerson	120
Haley Weber	120

SOUTH

Name	# Sold
Sam LaPella	1458
Alysha Newton	1005
Anna LaPella	1000
Ocean Johnson	1000
Vika Porter	664
Kristi Soranaka	549
Riley Grissom	525
Jacqueline Sherburne	510
Bryn Justis	510
Shauna Fahley	500
Brianna Stepper	405
Amanda Martinson	390

2006 Music and Magazine Wrap Up

Due to the Candy Fundraiser and the publication schedule for the *Wohelo*, I missed announcing the Top Sellers for the 2006 Music and Magazine Fundraiser in an earlier publication. I apologize and would like to do it now.

The Top Sellers for the Council are:

- 1) **Katherine Doesburg** from the South Program Area with 31 subscriptions
- 2) **Piper Hutchinson** from the South Program Area with 25 subscriptions
- 3) **Gabrielle Bayha** from the West Program Area with 22 subscriptions

Congratulations to you and a big THANK YOU from the Council to all who participated.

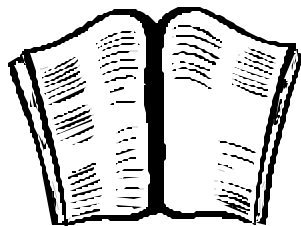
I would also like to take this opportunity to announce that Central Puget Sound Council of Camp Fire USA will no longer be participating in the QSP Magazine and Music Fundraiser. After much deliberation by the Board of Directors and staff, we have decided that our youth fundraising efforts should be totally devoted to our very successful Candy Fundraiser.

It was a decision we spent a great deal of time analyzing and some of our reasons for choosing to focus on one yearly fundraiser are as follows:

- The Magazine Fundraiser is a fall event when groups are forming and/or just starting to meet for the year. Adding a fundraiser to this situation adds one more thing to the already "full plates" of busy Leaders.
- Many schools are holding QSP Fundraisers in the fall in direct competition to Camp Fire USA's Magazine Fundraiser.
- Historically, participation in this fundraiser has been only 25% of our group members.

However, we are pleased to let you know that you will still be able to support Central Puget Sound Council by renewing your magazine subscriptions as well as order new magazines online through QSP.

Our Council Group Program will receive 40% of these sales from each order and you will be able to continue using QSP to facilitate your magazine subscription purchases.



Kathy Neubecker
Product Sales and Merchandise Coordinator

2007 Candy Fundraiser



Can't BEAR to BEE Without Chocolate!

WOW!

What a SUPER Candy Fundraiser we had this year! The Super Sell-a-Thon really got us off to a GREAT start! This year, the average was 101 units per youth, 10 units higher than in 2006 AND for the first time in 20 years we had NO RETURNS to Brown & Haley!

Everyone who participated did a super fantastic job! There were 214 120+ Sellers this year, an increase of 50 from last year, and 512 youth qualified for the movie tickets by having no returns from their group. The Top Seller for the Council is Katie Scott from East Program Area. She sold an amazing 2,205 units. The 500+ Sellers are as follows:

Katie Scott	2205 units	East
Sam LaPella	1458 units	South
Delaney Ballard	1050 units	North
Lacey Ballard	1050 units	North
Alyssa Newton	1005 units	South
Anna LaPella	1000 units	South
Ocean Johnson	1000 units	South
Kayla Butler	805 units	North
Alisha Jones	679 units	West
Vika Porter	664 units	South
Kristi Soranaka	549 units	South
Riley Grissom	525 units	South
Jacqueline Sherburne	510 units	South
Bryn Justis	510 units	South
Carolynne Holbrook	510 units	West
Hailee Pasatiempo	510 units	West
Aurora Montes	510 units	North
Mary Bone	510 units	North
Paige Parker	508 units	West
Shauna Fahley	500 units	South



On behalf of the Council, I want to thank EVERYONE for all the hard work and dedication you put into the 2007 Candy Fundraiser. As a TEAM, we are fantastic!

Now is the time to prepare for the 2008 Candy Fundraiser. I would like to invite you to become a member of the Candy Committee and help make the 2008 Candy Fundraiser even more successful. Contact Kathy Neubecker at 206 461 8550, ext. 312 for more information.

Congratulations to all the fantastic youth and families in our Council. You did a superb job!

Kathy Neubecker
Product Sales and Merchandise Coordinator



The staff of Camp Fire regard ourselves as your partner in parenting. We know many of you would like to read more about how parents can handle their child's online activities, especially their MySpace and Facebook interactions. We admire the clear, practical thinking of Bob Ditter, a licensed clinical social worker, specializing in child, adolescent, and family therapy, who is active in the camping and youth field. We are printing his advice, with his permission, in hopes that you will find this helpful.

Regarding Your Child and their Online Activity

© Bob Ditter, 2007. All rights reserved. www.bobditter.com

Children today spend a lot of time each week online. While this can be healthy and positive, as an advocate for children and their safety, *we recommend that you as parents be knowledgeable about their online activities.* While your children may balk at your effort to supervise them or see their online profile, we also know children listen to their parent's advice and concern. We've gathered information from many sources and are providing you with a summary of that information as a way of supporting your effort to ensure your child's continued well-being, even outside of camp. We have included some helpful resources for further help or information.

General Tips

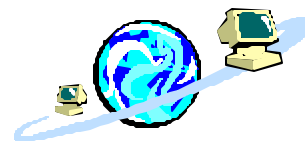
- 1) If you aren't already, make it your business to become familiar with your child's computer and the Internet. You can't protect your children unless you know what is out there. If you want further help, contact www.masterteacher.com/index.html.
- 2) Try to avoid using the computer as a baby-sitter. Leaving your child online for long periods of time without checking in with them or supervising them may result in activities that are risky, over-stimulating or inappropriate that you may not be aware of.
- 3) Set rules around the use of the computer and the Internet. You have rules about other aspects of conduct in your home. The computer and the Internet should be no exception. Kids who think their parents "don't care" often take higher risks than children who know their parents are interested, knowledgeable and involved.
- 4) Think about the location of the computer your child generally uses to go online. One significant question online predators ask children and Teens is the location of their computer. Predators are emboldened if they sense that the children they are communicating with online are not being supervised by an adult.
- 5) Inform you children of the dangers of the Internet and tell them that you intend to supervise or oversee their online activity. Then follow through on a regular basis! The following three items are specific examples of things you can do.
- 6) Check the browser history on your child's computer. This way you can see what sites they are visiting. Microsoft Explorer, AOL and Netscape all have history tabs or "my favorite places" that show you where your child has been. A survey in Boston in 2005 revealed that up to 70% of all boys ages 14-18 spend from between 3 to 6 hours a week on pornographic sites on the Internet *each week* without their parents knowledge!
- 7) Check down-loaded files by checking the directory that programs are downloaded into. This is another way you can see what you child has been up to.
- 8) Ask your child if they have an online social networking profile. (Kids don't call it that, so you may need to say, "You know, like MySpace or Facebook!") If they are being coy, they are hiding something from you). If they have one, look at it! The pictures and text may tell you a lot about what your child has been up to.

Safety Tips for Teens Online

- 1) Avoid giving out your last name, phone number, address, name of your school, where you hang out or sports teams you are on.
- 2) Use the privacy features on your service.
- 3) Avoid meeting people in person who you have met on the Net that you don't know. If you do agree to meet someone, let your parents know and take some friends along.
- 4) Be careful of what you post online-pics and text are open for the world to see. Teens seem to forget this!
- 5) Remember that *anyone can pose as anyone else online!* Unless you are positive of the person's identity, be skeptical.

What to Tell Your Child If They Are Threatened Online

- 1) Don't respond or retaliate. Doing so may only make matters worse or get you into trouble.
- 2) If you can, save the message on your hard drive and print out a copy. Then close the message or program.
- 3) Tell your parent or a trusted adult immediately.
- 4) If it is someone from camp, call the camp director.
- 5) If necessary, call your Internet service provider (e.g., AOL, Yahoo, g-mail, etc.)
- 6) If necessary, call the local police (like in cases of a threat on your life, a sexual advance, etc.)
- 7) Another resource: The National Center for Missing and Exploited Children (www.ncmec.org).



Other Resources

"Keeping It Safe-Nine Important Steps to Internet Safety and Protecting Our Children," www.westchestergov.com. A handy, helpful pamphlet put out by the District Attorney's Office in Westchester County, New York. E-mail them for a copy.

MySpace Unraveled: A Parent's Guide to Teen Social Networking, Larry Magid and Anne Collier, Peachpit Press, 2006. Extremely helpful, informative and comprehensive, easy-to-read guide for parents. Paperback, about \$15.

www.Wiredsafety.org. A set of Internet sites having to do with various online safety issues.

"What Parents Need to Know about MySpace-Your Guide to a Kid's World on the Internet," *U.S. News and World Report*, September 18, 2006. Great, easy to read, all-in-one-place article. You can download it from their website for a small fee.

200 Service Hour Award

Michela Quickstad, a senior at Skyline High School, has completed over 200 hours of service to earn her third 200 Service Hour Award. Michela has controlled traffic during the Kirkland Triathlon, made fleece scarves in Kansas City, MO at the National Youth Conference for the Salvation Army, made lunches for the homeless, helped stuff eggs for the YMCA's Easter Egg Hunt, and completed all three of her Advocacies to earn her Wohelo Award. Thank you, Michela, for all of your efforts to serve the community!

Raelene Reymore, a senior at Holy Names Academy, has completed over 200 hours of service to earn her third 200 Service Hour Award. Raelene has built homes in Tijuana, served as Jr. Staff at Carkeek II Day Camp, and served in various capacities in her school community. Thank you, Raelene, for all of your efforts to serve your community!

Danielle Shoemake, a junior at Ingraham High School and Wohelo Award Candidate has completed her third 200 Service Hour Award. Not only has Danielle completed many hours of service while working on her Wohelo Award Advocacies, she has also served as Junior Staff at Carkeek II Day Camp, "hawked" programs at Seahawks games, and fed the homeless. Thank you, Danielle, for all of your efforts to serve your community!

Sarah Shoemake, a junior at Ingraham High School and Wohelo Award Candidate has completed two 200 Service Hour Awards, to complete a total of three. Sarah has served in her school, church, and Camp Fire communities in many capacities, including Jr. Staff at Carkeek II, leading worship at her church, and serving at Camp Fire's annual auction. Thank you, Sarah, for all of your efforts to serve your community!

Camp Fire's Own B of A Student Leader

Congratulations to Michela Quickstad, Camp Fire USA Horizon Member, 2007 Wohelo Recipient, senior at Skyline High School, and future Cougar at Washington State University, for being chosen as a Bank of America Student Leader!

As a Student Leader, Michela will participate in an eight-week paid internship during the summer of 2007 with Camp Fire USA. Additionally, she will participate in a leadership program arranged by Bank of America during 2007.

Michela was chosen because of her personal goals, significant accomplishments and her clear interest in the crucial issues facing communities today. Thank you to the Bank of America for supporting Camp Fire in creating caring, confident, leaders!

YVC Youth Attend Youth Summit

Youth Volunteer Corps of America (YVCA) is moving into its 20th year of getting young people involved in their communities. This June, YVCA will be celebrating the youth that have been a part of this organization by hosting a Youth Summit in Kansas City, Missouri, focusing on leadership, service, and the interests of our young people.

The keynote speaker will be Craig Kielburger, who started Free the Children at the age of 12. Free the Children has developed into a renowned non-profit organization fighting child labor. Not only is this event a chance for some great inspiration, it is a chance for youth from around the country to meet with the common goal of service action in their communities.

We are excited that YVC of King County will be represented at the Youth Summit by some of our Youth Advisory Board (YAB) members: Chris Waldref, Harmony Shenk, Jennifer Leong, Cooper Gillen, and Zoe Vartanian.

YAB members help us stay on track with what youth want and need. They provide insight into the direction of YVC. They approve our projects, and assist us with setting up our program. This year we have a great summer lined up, so be sure to visit www.yvckingcounty.org to sign up for a variety of service projects.



2006/07 Youth Advisory Board

A Special Thanks

Six times a year we print around 1,000 copies of each issue of the *Wohelo* newsletter. It takes a lot of time to separate, staple, and prepare the publication to be mailed to your home.

We are very grateful to Renee Leveque Wass and her students at Shorecrest High School's production lab who assemble and bundle the *Wohelo* for us many times each year. Thank you, and we hope everyone over at Shorecrest has a great summer!

Next Issue...

Keep your eyes peeled for the August/September *Wohelo* issue which will feature news and events for the new program year.

- ✓2007-08 Council Calendar
- ✓Summer programs recap
- ✓Woodland Park Zoo Overnight
- ✓Puyallup Fair
- ✓Upcoming events and information
- ✓And more!

If you would like to submit an article, send them to Sarah Kessler at sarah-k@campfire-usa.org or 8511 15th Avenue NE, Seattle, WA 98115. All articles must be received by June 28th, 2007.

Program Centers

North King County

8511 15th Ave NE
Seattle, WA 98115

Phone 206 461 8550
Fax 206 525 3351

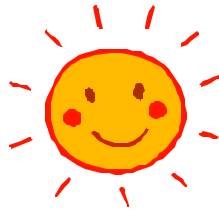
Center Hours:
Monday - Friday
8 a.m. - noon, 1 - 5 p.m.
(Program Manager is available by appointment, and
Fridays 9 a.m. - 3 p.m.)

East King County

16315 NE 87th St, Suite B12
Redmond, WA 98052

Phone 425 885 0477
Fax 425 885 0201

Center Hours:
By appointment and Fridays 9 a.m. - 3 p.m.



South King County

1404 Central Ave S #109
Kent, WA 98032

Phone 253 854 3676
Fax 253 854 3678

Center Hours:
By appointment and Fridays 9 a.m. - 3 p.m.

Kitsap/North Mason County

1109A Warren Ave
Bremerton, WA 98337

Phone 360 377 5513

Center Hours:
By appointment and Fridays 9 a.m. - 3 p.m.





Camp Fire USA
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Seattle, WA 98115-3199
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E-mail: info@campfire-usa.org
www.campfire-usa.org
Jane White Vulliet, CEO
Leslie Rice, Board President

Camp Fire USA builds caring, confident youth and future leaders.

Camp Fire programs are available to all people without regard to race, gender, creed, religion, national origin, sexual orientation, economic status or mental or physical disabilities.

Accommodations for special needs will be provided upon request whenever possible. Make arrangements at least two (2) weeks prior to the activity by calling the event coordinator listed or Karen Aoyama at 206 461 8550 or 800 451 CAMP, ext. 319. TDD/TTY users may reach us through the Washington State Relay Service at 800 833 6388; TeleBraille users call 800 833 6385.


Camp Fire USA
CENTRAL PUGET SOUND COUNCIL
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Seattle, WA 98115

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