

# CITs and RSITs

at Camp Sealth

Summer 2010



Have you got what it takes to join the CIT or RSIT Crew? If you want to be challenged, learn new skills and work with younger kids, we want you! This exceptional group of teens has a unique role at Sealth as leaders and role models for other campers.

The 2010 CITs and RSITs will join a long tradition of spirited, dedicated high school youth that love Camp Sealth and want to work with kids. As a group, you'll create unforgettable memories and lasting friendships. As individuals, you'll grow in confidence, make a difference in kids' lives, and be on your way to joining the talented Sealth Staff!



**Program Overview**—The Counselor-In-Training (CIT) and Riding-Staff-In-Training (RSIT) programs are designed for youth in grades 10-12 who have a desire to work with younger children and to be peer leaders for summer camp. CITs and RSITs spend a longer time at camp (four sessions), go on an out-of-camp trip, participate in leadership and skill development workshops each day, help lead all-camp activities, songs and games, and assist staff members in supervision of younger campers. You'll have opportunities for 'traditional' camp activities like boating, archery, crafts and hikes—yet it also requires you to assume new levels of responsibility for yourself and for younger campers.



**Benefits**—CITs and RSITs complete the program with great new ideas and perspectives. You'll gain a new level of personal responsibility and self-confidence, and skills for working with children. These skills will help you in all aspects of your life, including school, work, and in relationships with peers and adults. Participants who successfully complete the program may be eligible to return to Sealth as high school interns and eventually as summer staff members.

**Program Structure**—CITs and RSITs work together most of the time, living together and working with the same Teen Leadership advisors. CITs and RSITs participate in many of the same workshops, activities and out-of-camp trips, although RSITs focus on improving their riding skills, horse care and teaching skills for riding lessons. When CITs and RSITs do their job shadows and "live-ins", CITs work with cabin groups while RSITs work with the riding staff.

**Requirements**—We expect participants in the CIT/RSIT program to have a high level of maturity and the ability to work and live closely with peers and adults. You'll be held to a high standard of personal responsibility and role modeling. Leadership experience or skills for working with children are highly recommended.

**Age Requirements & Cost**—Counselors-in-Training (CITs) must be entering grades 10-12 in the fall of 2010; Riding-Staff-in-Training must be entering grades 11-12. The cost for the program is \$750. Limited financial aid is available, contact us at 206 826 8947 for more information.

*-More details on the back-*



CIT (Counselor-In-Training)  
Grades 10-12  
July 6 - 29, 2010 **OR** July 26 - August 22, 2010

**Highlights of the CIT program:**

- Develop leadership and child development skills through fun, challenging workshops and activities
- Meet many Sealth staff members and learn about their jobs and experiences
- Learn about many facets of camp operations, including the office, kitchen and maintenance areas
- Plan and lead an all-camp event, and assist with song-leading and supervision of younger campers
- Work directly with kids, starting with job shadows and wrapping up with a “live-in” where you assist a counselor with a group of campers for a full session
- Travel to other Western Washington camps to observe their programs, staff and operations

RSIT (Riding-Staff-In-Training)  
Grades 11-12  
July 26 - August 22, 2010

**Highlights of the RSIT program:**

- Develop leadership and child development skills through fun, challenging workshops and activities
- Work with the riding staff to improve your own riding ability
- Learn about horse health care, herd dynamics and horse behavior management
- Learn to plan riding lessons and assist the riding staff for a full session
- Plan and lead all-camp events, and assist with song-leading and supervision of younger campers
- Travel to other Western Washington camps to observe their programs, staff and operations, including other horse programs

How to Apply—You must apply to the CIT/RSIT program. Grade level alone does not determine placement in the program; we select participants based on their experience, interest and potential as summer camp leaders. We do not guarantee acceptance into the program, but encourage all interested teens to apply.

To apply, please complete the following application materials:

1. The camper registration form (found in the summer camp brochure or on the web)
2. The CIT/RSIT Application form

The application form can be downloaded from the website: <http://www.campfire-usa.org/camp/leadership.htm>, or contact camp to have one sent to you.

**Mail forms to:** Camp Sealth Registrar                      **Application Deadline:** April 30, 2010  
Camp Fire USA  
4241 21st Ave W Ste 200  
Seattle WA 98199-1250

Tips for Applying—The CIT/RSIT program is comprised of teens who demonstrate a high level of leadership, competence, a desire to work with children, maturity and personal responsibility. Following these tips will greatly increase your chances of being accepted as a CIT or RSIT.

- ❖ Submit all of your application materials in a timely manner. Use your best handwriting on the application.
- ❖ Answer all of the application questions yourself, without help from your parents or other adults (you can have parents check for spelling/grammar).
- ❖ If you have questions about the CIT/RSIT program, call or e-mail Camp Sealth staff yourself (instead of through your parents) - show us that you have the initiative and confidence necessary to be a CIT or RSIT.
- ❖ Be professional, thorough and thoughtful in your application. Remember that you're competing against other applicants to participate in this program.

Questions??? Contact Us:

For questions about transportation, payment, changing camp sessions or getting replacements of forms, please call the camp registrar at 206 826 8947.

For questions about the CIT/RSIT program or to get an application, contact Carrie at 206 463 3174 ext. 35 or [carriek@campfire-usa.org](mailto:carriek@campfire-usa.org).